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PILATES

in East



FALL 2010 FEES 9 WEEK SESSION • TUESDAY SEPTEMBER 7TH - FRIDAY NOVEMBER 5TH

SAVE \$10
off registered group classes if you
sign up before Aug. 31st

REGISTERED GROUP MAT CLASS PACKAGES (60 minutes)

Best value per class when you plan on attending classes on a regular basis. Enroll in weekly classes, reschedule as needed within the same session.

One mat class per week (9 classes in 9 weeks)	\$129
Two mat classes per week (18 classes in 9 weeks)	\$199
Three or more mat classes per week UNLIMITED* (up to three reservations per week)	\$229

FALL 2010 SPECIAL

add 2 private training sessions to any group class package for **\$99**

FLEX GROUP MAT CLASS PACKAGES (60 minutes)

When your schedule won't allow you to commit to a regular class schedule. Reservations are still highly recommended, although drop-ins are welcome space permitting.

1 group mat class	\$20
Pre-paid package of 4 flex mat class credits (valid for 1 year from first use)	\$66
Pre-paid package of 8 flex mat class credits (valid for 1 year from first use)	\$129

REFORMER GROUP CLASSES (55 minutes)

Reformer Group Class for 9 weeks Fall 2010 session	\$239
Single Reformer Group Class (reservation required)	\$38

Registered Group Mat Class Packages: You will automatically be enrolled in your selected weekly class(es) for the duration of the 9 week session. Any unused class credits expire at the end of the 9 week session.

Make-up classes: You may reschedule your regular group mat class(es) if you give the studio 24 hours or more advance notice that you are going to miss your regular class. Space to make-up missed classes is subject to availability.

Unlimited* group mat classes: You can make a reservation in up to three group mat classes per week, beyond that you can attend more classes on a drop-in basis, subject to availability. Clients with reservations take priority and group classes are limited to 12 participants.

Schedule changes: Group mat class schedule is subject to change. Please contact the studio for updated class additions and cancellations.

Reformer Group Classes: There are no formal make-ups for missed reformer group classes. Price reflects commitment to all classes.

Private & Semi-Private Training Sessions: Booked by appointment sessions are 50 minutes in length unless otherwise noted. You must provide 24 hours advance notice to cancel a scheduled appointment or the full fee is charged. Pre-paid packages are valid for one year, after which a \$25 yearly fee is charged to renew the package.

PRIVATE TRAINING SESSIONS (50 minutes)

One private training session	\$80
Pre-paid package of 4 private training sessions	\$298
Pre-paid package of 8 private training sessions	\$580
Pre-paid package of 12 private training sessions	\$835
Semi-private (2-3 participants) training sessions available	call for pricing